

Local Wellness Policy

Argyle ISD | April 20, 2022



What is it?

A Local Wellness Policy (LWP) is a written document of official policies that outlines district level goals to establish, evaluate, and maintain healthy school environments.

The LWP describes how the LEA will address local, state, and federal requirements for:

- nutrition education and promotion,
- physical activity,
- and school-based activities that promote student wellness.

Stakeholder Engagement:

Must engage the following stakeholders in developing and implementing the LWP:

- Administrators (district and/or school)
- Community members
- Parents
- Representatives of the district or school(s)
- Representatives of the board of trustees or governing body
- School health professional
- School nutrition staff
- Students

TDA outlines all requirements for the Local Wellness Policy in Section 29 of the [Administrator's Reference Manual](#)

Wellness Plan & Assessment

Once the Local Wellness Policy (LWP) is approved, the School Health Advisory Committee or equivalent representation develops a **Wellness Plan**.

The wellness plan generates a strategy that describes how the policies will be implemented into the school environment.

Every three years, the LEA must complete a **triennial assessment** to evaluate school compliance and progress towards attaining goals in the LWP. The results of the assessment must be shared with the public.

***The first assessment was to be completed by June 30, 2021-*we are currently overdue.*

Action Steps

1. Review and update our current Local School Wellness **Policy**
 - a. TASB provides a [helpful checklist](#) districts may use to ensure their LWP meets all of the requirements
2. Update (as needed) & Implement a Wellness **Plan**
 - a. A Wellness Plan was created in 2017. It needs to be reviewed and updated as needed.
3. Complete a Triennial Assessment
 - a. Develop & complete a triennial assessment based on the parameters listed in section 29 of the Administrator's Reference Manual.

Things to Keep In Mind

- We will need to ensure we adapt the template to fit our unique district
 - MS & HS do not participate in the National School Lunch Program and do not follow the USDA meal pattern or Smart Snacks Requirements.